

GForce Training

Duration: 1hr weekly

Transition

Criteria: Rally, Footwork, Game Competence

GForce Development Junior/Mini

Duration: 1.5hr Junior, 1.25hr Mini

Criteria Similar

GForce Development Pro Junior/Mini

Duration: 3hr Junior, 2.5hr Mini

GForce Elite Programme

Goal: High-Level Competition

Selection: By Invitation